

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA INC.



State Association House
73 Wakefield Street
ADELAIDE SA 5000

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President: Peter Mayer

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2008 ANNUAL REPORT

AGM Belair National Park Sunday 29th March 2009

SPONSORSHIP AND SUPPORT



Government of South Australia
Office for Recreation and Sport

be active.

SA Office for Recreation and Sport

*Statewide Enhancement Program Stream 1
Statewide Enhancement Program Stream 2
SASI Talent Scholarships
SASI High Performance Scholarships
Active Club Program Grants*



SA Secondary Schools Sports Association & SA Primary Schools Sports Association for supporting
SA Schools Orienteering Championship



Joggers World

Summer Series 2008-2009



Southern Orienteering Supplies

Summer Series 2008-2009



Paddy Pallin

Summer Series 2008-2009



Snap Printing (Hilton)

Printing design and supplies



ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA INC 2008 COUNCIL

The Council, comprising the Management Committee and Club Delegates listed below, met on the third Tuesday of even numbered months to oversee the development and conduct of orienteering in South Australia. The Management Committee met in the odd numbered months.

Management Committee

President	Peter Mayer
Secretary	Ken Thompson
Treasurer	Jennie Bourne
Assistant Secretary	Michelle Chamalaun
Technical Officers	Jenny Casanova
Coaching Coordinators	Adrian Craig, Susanne Casanova
Schools Coordinator	David Tilbrook
Newsletter Editor	Michael Round
Publicity and Promotion Officer	John Such
MTBO Coordinator	Bruce Greenhalgh
Government Grants Information	Mike Round

Club Delegates

Lincoln Orienteers	John Lyon
Onkaparinga Hills Orienteering Club	John Such and Robin Uppill
Saltbush Orienteers	Ken Thompson
Southeast Orienteers	John Lyon
Tintookies Orienteers	John Nieuwenhoven and Barry Wheeler
Top End Orienteers	Jennie Bourne
Tjuringa Orienteers	Adrian Craig and Greg Morcom
Warralinga Orienteers	Jenny and Susanne Casanova
Yalanga Orienteers	Doug Fotheringham and Gerry Velaitis

Other OASA positions:

Web Master:	Garry Harris	Member Protection Officer:	Bec' Hatcher
OA Councillor:	Peter Mayer	OA Delegate:	Jenny Casanova
State Selection Panel:	Alison Radford		David Tilbrook
Data Base & E News:	Phil Davill	AO Editorial Contact	Claire Davill
School Team Manager:	Heather Lee	School Team: Asst Manager	Bec' Hatcher
School Team & Junior Coach	John Nieuwenhoven	Southern Arrows Manager:	Jenny Casanova
Southern Arrows Coach	Susanne Casanova	Sub-Junior Coach:	Adrian Craig
Technical Coordinator: Mapping	Adrian Uppill		

2008 MEMBERSHIP STATISTICS

Club	2008		Juniors		Seniors		Veterans	
	m/ships	2008 people reg'd	M	F	M	F	M	F
LI	23	48 (4 + 44R*)	4 (1 + 3R)	4 (4R)	2 (2R)	1 (1R)	20 (2 + 18R)	17 (1 + 16R)
OH	32	67	10	7	5	5	22	18
SB	23	60 (13 + 47R)	10 (2 + 8R)	11 (4 + 7R)	7 (2 + 5R)	0	18 (3 + 15R)	14 (2 + 12R)
SE	5	8 (8R)	1 (1R)	2 (2R)	0	0	3 (3R)	2 (2R)
TE	39	106 (23 + 83R)	24 (8 + 16R)	18 (3 + 15R)	1 (1R)	6 (1 + 5R)	30 (6 + 24R)	27 (5 + 22R)
TJ	21	38	5	2	7	4	14	6
TT	47	97	12	10	9	2	39	25
WA	19	31	3	2	3	3	12	8
YA	22	43	7	7	2	1	16	10
2008	231	498	[2007: 235 533]					

* R is remote membership - counted as fraction of whole membership by OA

** C is concession/pensioner in SA which counts as Family/Senior by OA

*** School not counted for membership nos and no assessment of no of people registered included in Membership Table

Summary: 2008 OASA membership

73 F + 68 S + 4 J = 145 memberships

46 RF + 34 RS + 1 RJ = 81 remote memberships

plus 10 Schools: *breakdown based on typical class numbers involved in outdoor education courses

PRESIDENT'S REPORT

2008 has been an exciting year for Orienteering in South Australia.

At the elite level we were thrilled with Simon Uppill's win in the Australian Championships M21E and the Southern Arrows Senior Men's rise to second place in the National Orienteering League (NOL).

The individual NOL results had Simon 1st in Senior Men, and Susanne Casanova 3rd in senior women.

Vanessa Round and Susanne Casanova are 4th and 5th respectively in the National W21 rankings.

There have been many years of hard training and coaching support leading up to these strong results and we have to continue to strengthen our junior and senior training programs so that we can continue to compete at these high levels.

Our young people are for more likely to travel interstate or overseas to advance their studies and careers.

Orienteering gives them the opportunity to train and compete wherever they go and our sport is enriched by the experiences that they bring back to our state.

A big thank you to Gerry Velaitis who greatly assisted me in the transition when I took over this position from him. OASA has a strong team which is self-driven and has made my job much easier than I had expected. In particular, I must thank Ken Thompson for the tremendous work that he does as OASA Secretary and Jennie Bourne for her effective budgeting and control of OASA's finances as Treasurer. Ken and Jennie join with me to form the executive committee and they have helped me to deal with a variety of issues that require decisions in between Council meetings. It is a real strength of our sport that our clubs interact so well through the OASA Council and that clubs continue to put on such well run events.

Our program has evolved from the days of one State Champs, two badge events and some major and minor events. Last year we had 5 State Championships for different disciplines as well as the Schools Champs and Relays. This has greatly increased the demand for controllers and I must thank Jenny Casanova and Robin Uppill for their well-planned training sessions for level 2 Controllers.

Planning is well under way for the Australian Championships to be hosted by OASA in 2010. Peter Cutten is efficiently chairing the planning committee and we had a wonderful response to the call for volunteers. What seemed like a daunting task is running well on schedule and promises to be major boost to Orienteering in SA. We have chosen to remap and expand areas close to Adelaide for this event, which should make it more attractive to interstate visitors. People can stay in Adelaide and enjoy our nightlife and other attractions with all events a short drive away. Local Orienteers will benefit from top class maps near the city for events in future years, which should help us to build participation.

Bruce Greenhalgh's team have organised an innovative program for Mountain Bike Orienteering. MTBO has grown steadily in 2008 with increasing numbers of new participants coming from the bike community. The Tri-O-thon with 55 entries was a popular innovation and will be repeated this year. Our big challenge is hosting the Australian MTBO Championships near Mt Gambier on the June long weekend 2009. Andrew Slattery and his team have planned an exciting weekend in challenging but fast terrain. Interstate support is strong for this event and I hope that all SA cycling orienteers will rise to the challenge.

Peter Mayer, President

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc
STATEMENT OF INCOME & EXPENDITURE
2008

Last Year	INCOME	This Year
11346	Subscriptions (including allowance for The Australian Orienteer)	11930
10120	Event Levies	4932
9431	<u>689</u> less OA Levies	<u>1344</u>
4392	Interest Received	7140
390	Advertising	
22119	E07 : Carnival entries : 2009 MTBO	724
1585	Sundry Events	3188
3688	Sundry Sales	2003
2603	Schools Team Trips	0
2661	SA Representative Teams: Schools	1958
673	Southern Arrows	852
500	2006 OA: NOL payment 2007	600
0	Australian Taxation Office (GST)	870
4235	Sundries	716
<u>18474</u>	GST (collected)	<u>7060</u>
<u>82097</u>	<i>TOTAL INCOME</i>	<u>41714</u>
	EXPENDITURE	
		1768
3212	S.A. Orienteer Magazine	1656
3838	The Australian Orienteer Magazine	1783
6971	OA: State Registration (less Conference travel)	3262
2650	Public Liability & Professional Indemnity Insurance	6952
444	Directors & Officers	2823
988	ANS VAR eInsurance: less Club share	486
419	Publicity & Promotion (including book)	439
192	Controller's expenses	0
5334	Travel Grants to Juniors	250
1147	Travel Grants to Elites	5316
267	AGM & Awards Night	2365
541	Badges & trophies	628
0	Sue Millard Memorial Junior trophies, tent	472
962	Office Rent & Reception	1990
799	Postage, stationery, photocopying	975
209	Website	1609
825	Equipment repairs & mtc.	217
0	SI system: additional units	445
921	Consumables: cards	5157
0	SA country clubs: E07 proceeds	940
0	Schools Team Trip: travel, officials	800
0	2009 & 2010 Carnival expenses	3346
60	Subscriptions & Affiliations	4395
8616	Australian Taxation Office (GST)	60
545	Sundries	6072
<u>8614</u>	GST (to be claimed)	2580
<u>49322</u>	<i>TOTAL EXPENDITURE</i>	<u>5176</u>
32775	SURPLUS / DEFICIT	<u>60194</u>
		-18480

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc
BALANCE SHEET
as at 31 DECEMBER 2008

MEMBERS' FUNDS

Last Year		This Year
84446	Balance forward	117221
<u>32775</u>	<i>Surplus</i> : General Funds : <i>Deficit</i>	<u>18480</u>
<u>\$117,221</u>	TOTAL	<u>\$98,741</u>
<i>Represented by:</i>		
14479	Cash at bank	4543
89446	INVEST Account : Express Saver	112765
<u>29553</u>	SPECIAL EVENT Account : 2009 MTBO Champs	<u>802</u>
<u>133478</u>		<u>118110</u>
<i>less: (2)</i>		
15957	ORS Statewide Enhancement Program: <i>Stream 1</i>	16364
300	ORS Statewide Enhancement Program: <i>Stream 2</i>	3000
-	ORS Statewide Enhancement Program: <i>Stream 2</i>	5
<u>\$117,221</u>		<u>\$98,741</u>

**NOTES TO AND FORMING PART OF THE ACCOUNTS for the
year ended 31 December 2008**

STATEMENT OF ACCOUNTING POLICIES

These financial statements are a special purpose financial report prepared in order to satisfy the requirements of the Constitution to prepare financial records. The Committee has determined that the Association is not a reporting entity as defined in Statement of Accounting Concepts 1 "Definition of the Reporting Entity" and therefore there is no requirement to apply accounting standards in preparation and presentation of these statements.

The statements are also prepared on a cash basis from the records of the Association. These accounts are based on historical cost and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

NOTE (1): SPECIFIC GRANTS

On the recommendation of the Association various grants (monetary and in kind) have been made directly, or through the Association, to individual orienteers:

Last Year		This Year
3	SASI Talent Scholarships	0
2	SASI High Performance Scholarships	0
-	ASC: Courses for Women (Coaching)	1

NOTE (2): Office for Recreation & Sport: MAJOR SPONSOR

Statewide Enhancement Program (StEP) funding is received subject to conditions that it be spent for specific purposes, and so cannot be treated as funds of OASA in its own right. Transactions on this account are therefore shown separate from OASA transactions.

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc
StEP (Statewide Enhancement Program) FUNDING
TRANSACTIONS for the period 1 January 2008 to 31 December 2008

2007-2008			2008-2009
Six months to			Six months
30 June 2008			to 31 December 2008
15957		Balance forward	0
		Grants received: <i>Stream 1</i>	25000
300		<i>Stream 2</i> : 2009 Australian MTBO Champs	3000
		<i>Stream 2</i> : 2010 Australian Champs Carnival	<u>1700</u>
<u>16257</u>			<u>29700</u>
		<i>Stream 1:</i>	
		TALENTED ATHLETE DEVELOPMENT	
1718		Talent ID programs	2702
0		Schools Team Travel	500
3191		Junior/Southern Arrows camps	80
1050		I/S & O/S Training & Competition	0
6699	<u>740</u>	NOL & JNOL Travel	0 3282
		EDUCATION & TRAINING	
	0	Officials' accreditation: coaches, controllers	55
	1000	Conference	0
1350	<u>350</u>	Courses	0 55
		PARTICIPATION PROGRAM ASSISTANCE	
		<i>Schools:</i>	
	558	In-school programs	625
	1397	Events: warm-up program	447
	0	Championships: individual, relay	294
2447	<u>492</u>	Area Mapping	<u>450</u> 1816
		<i>Novice and development activities:</i>	
	1669	Basic skills training	
	584	Coaching, special programs	411
	196	Novice Programs	136
	19	Summer Series: event costs	246
	1133	Promotional activities	107
		Club Development & Management projects	<u>1273</u>
<u>5461</u>	<u>1860</u>		<u>3483</u>
15957			8636
		<i>Stream 2:</i>	
	300	2009 MTBO Champs: preparation & mapping	0
		2010 Australian Carnival: photogrammetry	<u>1695</u>
<u>16257</u>			<u>10331</u>
0		BALANCE (<i>Stream 1</i> : 16364; <i>Stream 2</i> : 3000; 5)	19369

BUDGETED RESERVES

In addition to the Grants already identified in the Balance Sheet, OASA budgets to maintain cash reserves for specific future spending purposes (total: \$56137). These allocations are not held in any specific account. Actual cash available for normal yearly expenses amounts to \$42604.

MAJOR PROJECTS

Balance as at 01.01.2008	28550	E07: OASA country clubs	800
Easter 07 proceeds: balance	16757	2009 Aust MTBO Champs	60
		2010 Aust Champs Carnival	4335
		Add: SI system equipment	5343
		<i>Balance as at 31.12.2008</i>	34769

MANAGEMENT & DEVELOPMENT

Balance as at 31.12.2008 **4209**

INTERSTATE REPRESENTATION

Balance as at 01.01.2008	3640	E07: 2008 Schools Team travel	2500
E07: 2008 Schools Team Trip	2500	E07: 2008 NOL/JNOL travel	1995
E07: 2008 NOL/JNOL expenses	2000	Schools' Team Officials	846
E07: 2009 Schools Team Trip	1500		
E07: 2009 Southern Arrows travel	2000	<i>Balance as at 31.12.2008</i>	6299

SCHOOLS' MAPPING FUND

Balance as at 31.12.2008 **2540**

SAJOS

Balance as at 01.01.2008	2308		
Miscellaneous donation	124	<i>Balance as at 31.12.2008</i>	2432

SA REPRESENTATIVE TEAMS

SA Schools Team

Balance as at 01.01.2008	757	Team travel subsidy	2614
Miscellaneous donation	2066	Clothing	40
		Social	68
		<i>Balance as at 31.12.2008</i>	101

Southern Arrows

Balance as at 01.01.2008	3801	National Jnr Camp: travel subsidy	477
OA: 2007 NOL	600	Social event	285
YA: 2007 SA Relay entries	82		
2008 SA Club Relay entries (4 clubs)	755		
OA: NOL Men's Team prize	300	<i>Balance as at 31.12.2008</i>	4776

Sue Millard Memorial Fund

Balance as at 01.01.2008	3000	Perpetual & 20 individual trophies	1042
		Juniors' all-weather tent	948
		<i>Balance as at 31.12.2008</i>	1011

LISTS OF ASSETS as at 31 December 2008

ACCOUNTS OUTSTANDING at 31 December 2008

\$3,756

LIST OF ASSETS as at 3 1.12.2008 (*cont'd*)

	Year	C.P.
GOODS FOR RESALE: STOCK ON HAND - Maps, signs, cards, etc.		
4000 Registration/Control cards (held by Treasurer: 13c ea. to Clubs)		
600 Control cards, plastic-coated (held by Treasurer: 35c ea. to Clubs)		
750 SI Registration cards (held by Treasurer: 12c ea. to Clubs)		
10 SPORTident cards (\$46.20 each) (held by R. Uppill)		
121 Pens-purple map-marking (held by Treasurer)		
Clothing: 4 shirts, 3 singlets, 5 hats (held by J. Hembrow/OHOC)		
Maps (held by OHOC Map Curator): Broken Hil various I& Nuriootpa Sprint		
Book: 50 GoldenYears (editors) J.Lyon & J.Williams (held by Treasurer)	2005	18
EQUIPMENT		
HP Laserjet P1005 Printer (Secretary)	2008	143
ACER Travel/Mate 212TX (SPORTident & related equipment: A&R Uppill)	2001	2625
MS Office Professional XP	2001	560
Network card - CNET PCMCIA 10/100 N/C	2001	95
Wireless Router - D-Link 802.11g/2.4 Ghz	2007	
HP Deskjet D2460 Printer	2008	115
MS Optical wheel mouse	2001	55
Surecom 5 Port N-Way Switch	2001	115
SODIMM 128 Mb 3.3V*s RAM	2001	115
107 control stations: 31 BSF6 units; 76 BSF7 units	2002/08	20987
3 master station BSM 4 unit; 1 USB master station	2002/04	216/
1 station BSM 4-5 unit	2002	239
Therma printer set 2	2002	1676
5 Carrying belts	2002	350
92 SPORTident cards (for hire)	2002	2788
Roland D&Y 1200 Plotter	1989	2180
Electronic Timer custom built by D.Gamble W.A.	1989	400
Kodak 150 Printer	1992	400
Overhead Projector (held by Coaching Coord)		
CB Radio Hook-up (R.Lars son)		
Clocks: Rego, Start, Finish, custom made by N.Smith (held by TT)		
Digital clocks (held by R.Larsson)/Blue Clocks (held by YA)		
4 Heart Rate Monitors Polar Accurex Plus, & interface (T.Hillyard)	1999/03	1325
2 Heat Sealers (SAO Editor & Treas)		200
Controls: Lock-up (Schools Coord 13); Hanging (25 flags + 30 punches (Schools Coord);		
40 + 45 (MTBO Coord); 20 + 15 (Coaching Coord)		
Banners: Carnival banners (held by Uppills); old Start/Finish on loan to YA;		
Foundation SA(?) Start/Finish banners (held by TT)		
Shade canopy & bag: representative teams (R Hatcher)	2008	948
2 Flags & stands (Park & Street, SA) (held by Uppills)	2004	920
Signs: 16 various -Toilets, Creche, Buses (held with TT equipment)	1997	289
'Welcome to Orienteering' sign (held with SS equipment)	2000	76
Coaching program equipment: table, first aid, 6 signs (Coaching Coord)	2006	240
Summer Series equipment (held by A. Uppill/OHOC)	2004	150
MTBO equipment: 6 signs, 4/6 map cases for hire, ties, etc. (MTBO Coord)		
Carnival equipment, e.g. stakes, fencing, hessian, water stands (held by TT)		
Badges [Participation: 80, State Team: 24, Orienteering bars: 45] (SAH Office)		
Trophies [84 OY glasses] (SAH Office); 16 <i>Sue Millard</i> individual (Treas)		
Trophies: <i>Brian Wale, John Williams</i> , 4x Schools' Relay (SA Schools Champs winners).		
FOR INFORMATION:		
OASA Club Information Manual (Tech Coord + each Club/Exec: updates from Secretary)		
Posters, leaflets, brochures, programs (SAH Office: Secretary), videos (Schools Coord).		

TECHNICAL REPORT

During 2008, the position of technical officer was held by Jenny Casanova, with Adrian Uppill as mapping coordinator, and supported by invaluable advice from Robin Uppill.

Level 2 controllers in 2008 were: Phil Davill for National Badge Event 1, Peter Cutten for the SA Middle Distance Championships, Phil Hazell for Badge Event 2, David Tilbrook for the SA Schools' Championships, Bob Smith for the SA Club Relays, Gerry Velaitis for the SA Long Championships and Jenny Casanova for the SA Sprint Championships.

OASA is very appreciative of the efforts expended by these people in the pursuit of orienteering excellence. Controllers are reminded that their reports should be submitted to the technical officer, so that future organisers, planners and controllers can learn from past events.

There were no requirements for Level 3 controllers in SA in 2008. OASA will, however, be hosting the national Level 3 Controllers' workshop in August 2009, with a view to accrediting more Level 3 controllers from South Australia.

A planned level 1 controllers' workshop did not go ahead in 2008 due to lack of registrants.

OASA's commitments to national carnivals in 2009 and 2010, including Silva National Orienteering League races in March 2009, mean that there will be 13 OASA events requiring controlling in 2009, and 12 OASA events requiring controlling in 2010.

As at December 2008 there were only 21 accredited controllers across all levels in SA; the more active of these have controlled events at least 2 years in a row. Hopefully more Level 2 and 3 controllers will be accredited in 2009; new controllers will soon get a chance to put their skills into practice..

The Australian Mountain Bike Orienteering Championships will be held in Mt Gambier in June 2009. These are also international ranking events. OASA has no controllers experienced in MTBO so a foot-O controller will fill this role. None of the IOF accredited MTBO controllers will be available so the IOF has accepted a less experienced controller.



Peter Cutten has taken on the role of Carnival Coordinator for the 2010 Australian Championships Carnival to be held in the Adelaide Hills and Barossa. Rather than finding new map areas, the plan is to upgrade existing maps. Nearly all the roles for course planners, organisers and controllers have been filled for this carnival, thanks to Peter's diplomacy.

The OASA Course Proformas have undergone minor changes due to the addition of extra A short and B classes which are not required by OA regulations. Orienteer of the Year events now offer an Open B class and 45+ A short class which competitors can run throughout the year. Course planners for Orienteer of the Year and other events are reminded to follow the proformas as closely as possible. Some clubs appoint a Level 1 controller to their OY events; this person should be satisfied with the course planning, event organisation, and placement of controls.

Course planners are reminded that if they have any uncertainty about the placement of a control in the planning stages, they should avoid using that site, and if they are uncertain when placing the control prior to an event, they should seek a second opinion. Competitors who are tempted to move a control which may be wrong should not do so. Guidelines from Andy Hogg, OA technical director, remind organisers and controllers that voiding a course is nearly always unnecessary.

Communication between course planner, organiser and controller cannot be stressed enough; foresight prevents most problems and satisfied competitors are then easily achieved!

Jenny Casanova Technical Officer

PUBLICITY AND PROMOTIONS REPORT

The first major publicity event for 2008 was the Caravan and Camping Show held at the Adelaide Showgrounds from 13 to 17 February. This provided an opportunity to showcase our sport to the many visitors to this expo. This was followed by the 102.3 Family Festival from 8 to 10 March which was also held at the Showgrounds. Despite the large numbers that attend these events, very few recruits are gained for orienteering. Never the less it does give us exposure that we would not otherwise have.

In April, the Southern Times Messenger provided publicity for Tjuringa's Saturday event at Wilfred Taylor Reserve, including an orienteering photo in the What's On section.

The April Talent ID activities for school-aged students was publicised through the Messenger and school networks.

In June, OHOC received good publicity in the Southern Times Messenger for its Saturday O'Halloran Hill event.

In response to a press release about our South Australian representatives in WOC, the Hills and Valley Messenger printed a story about them along with a photograph of Simon Uppill. As usual, The Advertiser did not respond to the press release.

The Hills Courier ran an interesting story and colour photograph of John and Jeffa Lyon in its August 27 edition. This was a good promotional article.

Following the Schools Championships in August, I provided an article and photos for OASA's website. Similarly, I followed up the Schools' Relays and arranged for results and photos to be put on the web.

Other activities during the year involved our President, Peter Mayer being interviewed about orienteering by Peter Goers on ABC Radio; the production of postcards to promote the 2010 carnival and the revision and re-printing of the What's Orienteering brochure. I also provided material to the Department for Environment and Heritage for their web based calendar of events to be held in their parks.

A press release was provided to The Advertiser on Susanne Casanova's excellent results in the Christmas Five Days events held in Victoria. However, it was not responded to.

The City Messenger gave us good publicity for the launch of the permanent orienteering course at North Adelaide. The Advertiser did not take up the story despite being provided with a press release.

I would like to take this opportunity to thank all of those members who have supported me in this role throughout the year by helping at expos or providing photographs and material for media releases.

John Such Publicity Officer

NEWSLETTER EDITORS REPORT

The South Australian Orienteer is on an even keel at present. Sometimes the question is raised if it should be quarterly in the same manner as in Victoria now that most members receive their SAO information by regular email. But if SAO continues to roll along with 28 pages each issue (apart from a fall to 24 pages in summer), then six issues a year still seems warranted. The other aspect is whether SAO needs to continue including the results and if this was discontinued then a SAO going to a quarterly publication would need to be given more thought. Perhaps a member survey on these two aspects should be carried out. SAO's continuing good health entirely depends on material sent in by members. I would like to see the return of a regular column by the president on OASA matters of interest to members as I think that this is important. I thank all members who sent in material for SAO in 2008 and also thank Snap Printing at Hilton for their continuing high quality service and helpfulness.

Mike Round, Editor

COACHING REPORT

2008 was a very busy year for coaches, managers and organisers.

Considerable coaching effort was put into recruiting young orienteers through talent identifications days and these included:

- 21 to 24 Jan 08 Talent ID Days at Wilfred Taylor Reserve, Karinya, Carisbrooke Park and The Horse Paddocks.
- 22 and 23 Apr 08 Talent ID Days at Belair National Park. This was very well attended.
- 15 Jul 08 Talent ID Reunion a day at Para Wirra National Park as a follow up to 22 and 23 Apr 08.
- 8 to 9 Nov 08 Junior Training Days at Mt Crawford for orienteers identified at the SA Schools Orienteering Championships.

A Junior Squad Training camp was conducted in Victoria during the period 14 to 18 Apr 08. Attendance was considerably lower than in 2007, but those who attended worked hard and displayed enthusiasm for learning. Some concerns over supervision levels on training camps were raised and in response OASA developed a Junior Travel Policy Document.

The small Junior Squad group continued training until most of its members were selected for the SA Schools Orienteering Team. Unfortunately a full team was not selected, largely owing to lack of nominating junior orienteers.

The selected Schools Team group participated in regular Saturday training sessions, until going away to the National Schools Events and National Orienteering carnival in late September in Queensland.

At the carnival, many team members found themselves on sharp learning curves and amongst much more competitive fields than they were accustomed to.

Some good results were achieved, but generally those less fit/experienced struggled to orienteer at a competitive pace; a number of injuries were experienced and only 2/9 of the team members completed all races on the schedule.

The team generally presented a very good team spirit and some good team leadership was exhibited.

OASA Training Days were conducted on 3 Feb (Kuipto), 10 Feb (Para Wirra) and 13 Apr 08 (Mt Crawford). A Women's Coaching and Training Day was conducted at Para Wirra on 6 Apr 08. Those attending these training days gained from the training.

Wednesday training half days essentially every four weeks and the duty coach system continued in 2008.

Coaches also provided support to the Schools' Warm-Up Program.

We would like to thank the following coaches for their support during 2008; John and Jeffa Lyon, Fi Pahor, John Nieuwenhoven Chris, Claire and Janet Davill, Bec Hatcher, Jan Hillyard, Paul Hoopmann, John Williams, John Such and David Tilbrook

In addition thanks must be given to the many 'shadowers', mentors, course setters and those who prepared maps on OCAD or gave talks to groups.

With regards the future:

- The SA parts of OASA will miss Susanne's efforts over the last three years with her move to Darwin but it will be to Top End's gain.
- We plan to get the Sub-junior Squad going as a formed training body under Bec Hatcher with a social side as well to build on squad spirit before its members move on to the Junior Squad.
- We will continue to conduct more Talent ID activities in 2009 to build up our junior numbers.

Finally we have again found that the two of us working together has worked well with less stress on us and our discussions leading to new and better ideas.

SCHOOLS REPORT

During 2008 my main activity was with State and Independent Primary Schools where typically teachers follow up the information page in the Sports Shorts Magazine, the publication of the Office of Recreation and Sport which is distributed to all South Australian School sites. About 20 such visits were made across both public and private schools in the Metropolitan area. Usually these days begin with a session for all students to introduce the sport, often watching a video, with appropriate follow up then each class have a practical session involving a warm up activity and then do short courses around their school yard using a basic B/W map..... usually 4 course options each consisting of 4 controls. The children invariably really enjoy this 45minute lesson and I encourage teachers to follow up with experiences on coloured Park maps or to attend the Programmed Schools “Warm Up” events. Several schools arranged three visits at fortnightly intervals which allowed for more variety such as the introduction of score events and relays. I also worked with another 2 classes where schools are involved in the I.B. Programme investigating maps, explorers etc.

Sometimes I am approached to provide an experience for upper Primary or lower Secondary students in a safe environment away from a school situation. During 2008 I used the Thorndon Park Reserve, and Hazlewood Park Burnside on 5 occasions each. Sometimes it means setting up for just one class but in some instances up to four classes arrive at hourly intervals to reuse the same maps, which provide a cheaper unit cost as well as being more efficient use of my time.

I again did a session at the annual A.C.H.P.E.R. Conference at Westminster School during April and in partnership with Adrian Uppill we conducted six 2 hour sessions for trainee teachers at Flinders Uni. in October.

The Mid-Week Events, low key events for schools leading up to the Schools Championships and Relays were provided by Jeffa Lyon, Adrian Craig/John Such and myself. It is a shame that not more students have the opportunity to run on coloured maps before attempting the 2 major events. Nevertheless both the Championships run by Tjuringa at Shepherd’s Hill Reserve, and the Relays run at Bonython Park were most successful Events. Thanks once again to Jeffa Lyon for again organizing the Relays, and of course it has been always a tradition that these two events could not happen without the volunteer help of a large number of regular orienteers who perform a variety of tasks on the day!

Finally thanks to those who have assisted in any way during the last twelve months. Several of you are named above and others like Barry Wheeler, John Lyon and Adrian Craig and John Williams who both assisted with A.C.H.P.E.R. Sporting Expos during Physical Education Week in November.

David Tilbrook, Schools Coordinator

SOUTHERN ARROWS REPORT



The Southern Arrows thank Tyson Hillyard for his initial enthusiasm and drive in building up the team to the strength it is today. Regretfully we accept that his work commitments require him to take a back seat these days. It takes 4 people to fill his shoes – while Jenny Casanova is the new manager, the management/coaching team includes Susanne Casanova, Simon Uppill and John Nieuwenhoven.

Of course some thanks must go to the athletes too. Southern Arrows competitors who ran at least one race at each of the NOL series throughout 2008 were:

Eureka Challenge, Victoria, March 8/9th: Susanne Casanova, Simon Uppill, Tristan Lee, Michael Roberts, Reuben Smith, Vanessa Round, Jenny Casanova, Lauren Gillis, Rory McComb, Kerrin Rattray, John Nieuwenhoven.

Australian 3-Days, Dubbo: Susanne Casanova, Simon Uppill, Tristan Lee, Lachlan Hallett, John Nieuwenhoven Reuben Smith, Vanessa Round, Jenny Casanova, Lauren Gillis, Ben Rattray, Kerrin Rattray, Wes Dose, Tom Dose, Rory McComb.

WOC trials, St Helens (Tas) May 16/17th: Susanne Casanova, Simon Uppill, Lachlan Hallett, Reuben Smith, Vanessa Round, Jenny Casanova, Ben Rattray, John Nieuwenhoven, Kerrin Rattray, Tristan Lee.

Australian Championships: Susanne Casanova, Simon Uppill, Ben Rattray, John Nieuwenhoven, Rory McComb, Nadia Velaitis, Marissa Lee, Helen Mason-Fyfe, Steph Mason-Fyfe. The highlight of these championships was the mens' relay team of Simon, Ben Rattray and John Nieuwenhoven coming second in a sprint finish!

The Southern Arrows came second in the mens' senior division for 2008 and received \$300 in prizemoney from Silva/OA. In the individual senior men's competition, Simon was first, and in the women's competition, Susanne was third.

Approximately 50 teams competed in the club relays at Pymton on Aug 31st in less than ideal conditions, to 'enjoy' John Nieuwenhoven's excellent courses. Tyson oversaw the running of the relays, and we had assistance from Greg Morcom, Tom Dose, Andrew Mogridge, Brett Mason-Fyfe, as well as most of the above-named Arrows. Thanks to Wallaringa and TT for loaning equipment, and apologies for the damage! Proceeds of approximately \$900 went to support the WOC representatives; this amount would have been less but Snap Printing paid printing costs, Tintookies provided maps, and OASA levies were waived, for all of which we are grateful.

We are very proud of the results of our 3 WOC team representatives, Kerrin Rattray, Vanessa Round and Simon Uppill, also of Ben, Simon and Vanessa being in the Bushrangers team against NZ.

Congratulations to Ben, Simon, Vanessa, Susanne, Reuben, Kerrin for being named in the 2009 National Senior Squad. Unfortunately no South Australian Juniors are named in the National Junior or Development Squads.

The Arrows' goals for 2009 are to field a full senior men's and women's team at all Silva National Orienteering League races and to field a full junior men's and women's team at the series of races in SA in March. We are appreciative of OASA's generous financial support, allowing us to travel to these races, and for the cheer squad of OASA members often present!

Jenny Casanova
Manager, Southern Arrows



MOUNTAIN BIKE ORIENTEERING REPORT

2008 saw a modest, but pleasing, increase in entries over the previous year. The OASA clubs ran 6 events and SARA again put on its Cyclegaine. All events were competently run but the number of participants they attracted varied considerably. Much was hoped for with the running of an event at Eagle Mountain Bike Park but the actual entry was disappointing.

The Long Distance, Cyclegaine, SA Champs and the Tri O events enjoyed better numbers with the Tri O – a competition that combined MTBO, foot O and rogaine – being the success story of the season. The Merchant family and Tjuringa club are to be commended for holding this innovative event that was praised by all competitors.

Preparations began for the 2009 Australian MTBO Championships which will be held in the South East in June 2009. Our representation at 2008's Australian Championships was down but Dave Tilbrook kept the flag flying by making the podium in the M60 long distance event.

The “SA MTBO News” email newsletter continued to be issued throughout the year and proved a valuable tool and forms part of an evolving organisational framework which should support MTBO in the coming years. That framework includes the MTBO committee which met irregularly, but to good effect, during 2008.

Thanks to all those who helped with MTBO, participated in MTBO or even took a vague interest in MTBO in 2008. In particular, I’d like to thank those in orienteering whose “main game” is foot O but who still found time to make valuable contributions to the bicycle branch of “O”

Bruce Greenhalgh SA MTBO Coordinator

SOUTH AUSTRALIAN AWARDS

John Hall Memorial service Award

The 2008 John Hall Memorial Service Award for services to orienteering in South Australia was awarded to David Tilbrook..

Orienteer of the Year

Awarded on the basis of a person's 6 best performances in designated OY events throughout the year, for orienteers aged over 14 years. Our thanks to Michelle Chamalaun for calculating the results.

W16	Helen Mson-Fyfe	M16	Riordan Dose
W20	Shannon Nicolson	M20	Rory McComb
W21	Susanne Casanova	M21	John Nieuwenhoven
W21AS	Fern Tomas	M21AS	Darrin Smith
W35	Zara Soden	M35	Greg Morcom
W45	Robin Uppill	M45	Andrew McComb
W45AS	Teri McComb	M45AS	Doug Lee
W55	Alison Radford	M55	Adrian Uppill
W65	Helen Smith	M65	Frank Tomas
W75	Jeffa Lyon	M75	Ron Larsson
WOpenB	Robyn Dose	MOpenB	Brodie Dobson-Keefe

Sue Millard Perpetual Trophy

This award is presented to the juniors judged by selectors to have shown the greatest improvement:

Junior Female: Helen Mason-Fyfe

Junior Male: Luke Hazell

Junior Participation Badges

The following juniors aged up to 14 years were awarded Participation Badges :

Kelly Bertei TE

Hannah Bourne TT

Connor Dickie LI

Georgia Dickie LI

Brodie Dobson-Keefe YA

Alexander D'Oliviera TT

Lazarus D'Oliviera TT

Cameron Forbes LI

Brittany Haste TE

Katie Hill

Christopher Mason-Fyfe TT

Bryn McComb OH

Jack Paynter TE

Natasha Watson SB

Jilly Storrs TE

Thomas Storrs TE

Justin Valladares YA

Riley Vandeloo

Aidan Sullivan YA

Oscar Wardleworth TT

Matthew Wheeler TE

SASI Scholarships (2007/2008 None were awarded for 2008/2009)

Talent: Talent Scholarships funded by the South Australian Sports Institute (SASI) were awarded to Lauren Gillis, Tristen Lee, Simon Uppill & Vanessa Round.

High Performance: Awarded to Susanne Casanova & Kerrin Rattray

State Selectors

Chair: Susanne Casanova Selectors: David Tilbrook, Peter Mayer, Alison Radford.

Orienteering Australia Athlete of the Year for 2007 (awarded in 2008)

Simon Uppill

Life Membership of OASA

Kay Haarsma

SA INTERNATIONAL REPRESENTATION

Australian Team for Junior World Orienteering Championships in Sweden.

No South Australians were selected for the squad.

Australian Team for World Orienteering Championships in the Czech Republic.

Congratulations on selection to Kerrin Rattray, Simon Uppill and Vanessa Round.

Australian Bushranger Team at Australian Championships

Congratulations on selection to Ben Rattray, Simon Uppill and Susanne Casanova

SA ORIENTEERS RESULTS

South Australian Events

South Australian Long Distance Championships

This year's state championships were held at Worlds End.

W10		M10	
W12A	Katie Hill	M12A	
W12B		M12B	
W14A		M14A	Bryn McComb
W14B		M14B	
W16A	Helen Mason-Fyfe	M16A	Riordan Dose
W16B		M16B	
W17-20A	Nadia Velaitis	M17-20A	Tom Dose
W21A	Susanne Casanova	M21A	Simon Uppill
W21AS	Claire Davill	M21AS	Ruhi Afnan
WOpenB		MOpenB	Henry Hazell
W45B	Robyn Dose	M45B	
W35A		M35A	Stephen Dose
W45A	Robin Uppill	M45A	Steve Cooper
W45AS	Teri McComb	M45AS	Doug Lee
W55A	Alison Radford	M55A	Adrian Uppill
W55+AS	Zita Sankauskas	M55+AS	Al Sankauskas
W65A	Helen Smith	M65A	John Lyon
W75A	Jeffa Lyon	M75A	Lance Fairclough

South Australian MTBO Championships

W Open	Kay Haarsma
W14-16	Phoebe Allison
W40-49	Michelle Chamalaun
W50-59	Carolyn Strong
W60	Helen Smith
M Open	Bruce Greenhalgh
M10-13	Aiden Sullivan
M40-49	Ian Winn
M50-59	John Allison
M60	Peter Mayer

National Events

National O League

Southern Arrows Women 4th
Southern Arrows Men 2nd
Individual Men's Series: Simon Uppill 1st

Australian 3-Days in NSW

The following SA orienteers won places :

M21E	1st	Simon Uppill
W21E	3rd	Vanessa Round
M70A	1st	John Lyon
W45AS	1st	Teri McComb
W55AS	1st	Alison Radford
W75A	2nd	Jeffa Lyon

Australian Schools Championships in Queensland

The were no South Australian place getters in the individual or Relay Championships.

Australian Long Distance Championships Queensland

The following SA orienteers won places:

M21E	1st	Simon Uppill
M21AS	2nd	Chris Davill
W21AS	1st	Bec Hatcher
W50A	3rd	Robin Uppill
W75A	1st	Jeffa Lyon

Australian Middle Distance Championships Queensland

The following SA won places:

M21E	1st	Simon Uppill
M21AS	2nd	Chris Davill
M55A	1st	Adrian Uppill
M55AS	2nd	Peter Mayer
W21E	3rd	Susanne Casanova
W21AS	2nd	Bec Hatcher
W50A	1st	Robin Uppill
W75A	2nd	Jeffa Lyon

Australian Sprint Distance Championships

The following SA orienteers won places:

M21E	1st	Simon Uppill
M21A	2nd	Chris Davill
M55A	2nd	Paul Hoopman
W50A	3rd	Robin Uppill
W75A	2nd	Jeffa Lyon

Australian Relay Championships Queensland

M16	3rd	Bryn McComb, Luke Hazell, Kelly Bertei
M21E	2nd	John Niewenhoven Ben Rattray Simon Uppill
W45A	3rd	Robin Uppill , Teri McComb, Susi Bertei
Mixed	3rd	Jeffa Lyon, Bec Hatcher, Benjamin Lee

Australian MTBO Championships : Queensland

M60	3rd	David Tilbrook
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EVENTS AND PARTICIPATION

The main event programme and participation:

2008			ENTRIES
<i>National Calendar events</i>			
09-Jun-12	Badge event	Prelinna	112
28-Jul-12	Badge event	Twigham	77
15/09/2012	SA Championships	Worlds End	99
20-Oct-12	SA MTBO Championships	Portuguese Bridge	37
2007-2008 be Active Summer Series			
5/01/2012		Hawthorndene	32
12/01/2012		Mawson Lakes	71
19/01/2012		Oaklands	80
26/01/2012		Oakden Wetlands	54
2/02/2012		Christies Creek	53
9/02/2012		Keithcot Farm	69
16/02/2012		Blackwood Park	87
2008-2009 be Active Summer Series			
29-Nov-12		Hackney West	75
	Adelaide City Council		
06-Dec-12	promo	North Adelaide	64
13-Dec-12		Hawthorndene	26
Main Sunday am Programme plus			
24-Feb-12	Saturday pm Promo event	Victor Harbor	53
25-Feb-12		Port Elliot	77
11-May-12		Flinders Uni	35
10-Jun-12	SA Middle Distance	Mannawarra	121
22-Jun-12		O'Halloran Hill	65
14/09/2012	warm-up	Worlds End	49
8/11/2012	MTBO	Second Valley	12
9/11/2012	Score	Second Valley	33

		TJ	
20-Apr-12	Saturday pm Promo event	Wilfred Taylor	29
05-May-12		Kuitpo	115
02-Jun-12		Dead Horse Gully	107
18-Aug-12	Foot/MTBO	Kersbrook Glades	55
		TT	
07-Apr-12		Ngaralta	109
18-May-12	Saturday pm Promo event	Thorndon Park	24
19-May-12	MTBO	Eagle Park	23
26-May-12		Mount Pleasant	118
30-Jun-12		Pewsey Vale	103
14-Jul-12	MTBO	Springton Endurance	38
11-Aug-12		Para Wirra	54
08-Sep-12		Simmonds Hill	34
12-Oct-12	SA Sprint Champs	Cantara	57
13-Oct-12		Cantara	61
		WA	
03-Mar-12		Belair	93
17-Mar-12		Narrinyeri Hills	88
7/07/2012		Mt Crawford Waterholes	104
27/07/2012		Twigham Twilight	18
17/08/2012	Saturday pm Promo event	South Parklands	45
		YA	
16-Mar-12	Saturday pm Promo event	Elder Park	18
21-Apr-12	MTBO	Knott Hill	25
16-Jun		South Para	80
24-Aug-12	SA Night Champs	Marne Rocks	31
25-Aug-12		Keynes Gap	80
		<i>Southern Arrows</i>	
01-Sep-12	SA Club Relays	Pymton	100
Midweek & Training			
07-Feb-12		NorthEast Parklands	9
06-Mar-12	POSTPONED	Mt Crawford Forest	0
13-Mar-12		Dead Horse Gully	2
01-May-12		Kuitpo Forest	10
29-May-12		Mt Crawford Forest	4
26-Jun-12		Para Wirra	4
24-Jul-12		Kuitpo Tjukalu	8
21-Aug-12		Dead Horse Gully	7
04-Sep-12		Para Wirra East	7
18-Sep-12		Bundy Forest	3
16-Oct-12		Kuitpo	7
13-Nov-12		Waterholes	5
		<u>Total = 3056</u>	