

TINTOOKIES NEWSLETTER January 2012

Editors: Content --Jeffa Lyon Technical-- Andrew Slattery



Timing of newsletters. Basically it is after each TT committee meeting and **that** is just before the next OSA meeting so that relevant issues can be discussed and Jenny K and John N, the TT delegates to OSA, can take TT's views to the meeting. For instance, this time TT decided that it is in favour of allocating the status of "OY event" to the 2013 MTBO Championships. (This means, as that event is always near the end of the year, more people could give MTBO a try, especially if there is a tight finish between some Foot O contenders to be Orienteer of the Year and every score helps you!)

This matter of timing means that you know roughly when to submit your comment, gossip, recipes, O-tips or other activities of interest. –Thanks, Jenny K, for this recipe.

Plum, cream cheese and almond cake

Serves 8-10

200g butter
200g light brown sugar
3 large eggs, lightly beaten
200g unbleached plain white flour
1 teaspoon baking powder
150g soft cream cheese
1 x 500g punnet of plums, washed and stone, cut into thin slices
20g flaked almonds

20cm cake tin
Oven temp: 170deg C

Cream butter and sugar and add eggs gradually, mixing until smooth. Sieve flour and baking powder together and fold gently into the mixture.

Spoon half the mixture into the cake tin and arrange small blobs of the cream cheese and half the sliced plums on top.

Cover with the remaining cake mixture, spreading it out gently with a palette knife. Neatly arrange the remaining plum on top and scatter on the almonds.

Bake for 1hr, or until cooked (it took me about 1.5 hrs at 175 deg C – but fruit was very juicy).

Allow cake to cool, then remove from the tin. Very nice eaten warm with ice cream.

All the committee enjoyed sampling it at the recent meeting. Unfortunately it has been considered impolitic for Heath B to write up his experiences helping to clean up the mining debris in Arkaroola as he still wants to work there.

So, the next TT meeting being on Monday March 19th at the Hazells', you can expect the next newsletter to be by the end of March.

Archivist. When we checked individual TT's roles, we decided that Mike H, who has for years kept a copy of every pre-computerized map, (not an onerous role!) should be graced with the name of Map Archivist while Ken has all the OCAD map files. Actually, Mike's collection will be useful when we prepare a display of all the earlier Para Wirra maps as well as the current one as part of the Park's 50th birthday celebrations later in the year. If you want to see any back number of the newsletter, on the other hand, go to the TT web site or ask Bob S or Gil H who have probably got them all somewhere!

Incidentally, another role Mike H has is the monthly checking of the control sites on the permanent course along the Torrens in the city. It gets used a lot...If you want to have a go yourself or take some interstate visitors for a pleasant city walk, go to the OSA web site, "about orienteering", "do it yourself section", then the link to the various permanent courses.

The Social side of things

*** The first occasion for 2012 has come and gone by the time you read this. The TT tent allowed orienteers to watch the bikes flash by in comfort and maybe publicized ourselves to our neighbouring spectators. Then on to Bob and Karen's in the evening.

***Sunday March 4th is designated in the OSA programme as "Club Training Day." **As we want to win the Club Relays this year**, we'd better hone our skills and that means ALL of us as we believe the calculations are partly based on the ratio between club members and participants on the day (It would be good to see those rules in writing....) So the committee proposes half the day having a mapwalk and a contour-only course on the northern part of the Black Hill map and the other half working on the new TT shed site nearby. We have to level the site and build a retaining wall before the actual shed can be delivered and assembled. A BBQ in there somewhere too. (It was decided to defer buying a TT BBQ till after the shed is ready to store it in so we will rely on people who kindly lend theirs for one last time.)

*** The TT BBQ lunch after a bush event will happen as usual but the date is not yet fixed. Meanwhile, please stay after your run at all the events you come to, congregating round TT's banner and conducting a post mortem. Or ask one of our coaches to show you how. Two more TTs have put up their hands to become qualified coaches and one as a controller. Good on you. Anyone else who wants to put back in for the pleasure they get out of orienteering?

TT tops are on the way. Our logo, as on the previous grey tops, has been computerized and Allison will bring 2 prototypes so you can choose size and design. \$55 or \$50 each. Our grey ones are getting threadbare –so **all** of us need to identify ourselves to each other in this way.

Review of past events. Interesting. Peter Y, the organizer for the event on January 13th, said how it slowed things down only having one key to collect the padlocked control plates. Where were all the spares? Whereupon John N produced an **enormous** collection of keys out of his pocket including the one that was needed. So if you've lost a key, you now know where you might find help!

Forthcoming events. Geoff B's roster is still not complete. Volunteer for one or more jobs ...or get "volunteered". We particularly need people to learn how to run the SI side of things. No age too young to learn—and you'll learn much faster than some of us! Just let Geoff know and you'll be very much appreciated.

#The programme took some time to finalize, especially the date for a Mack Creek event. Orchids have to be protected and the spread of phytophthora controlled so really we can only get permission to be in there in April and May in future.

Gil has always been keen on Night O so has volunteered to set the Night Champs in the Flinders. He raised an interesting problem. The "new" design of Ron's control stands do not have the metal post sticking up on which the reflecting tape round the cardboard toilet roll holder goes. Any suggestions? Also, Gil has highlighted a problem with keeping maps up to date. That will be a TT event in the Flinders but on a TJ map. Tj is not planning to bring it up to date from its 2005 level.... What do we do? Not put our hands up to put on an event if we/the owning club do not intend to bring the map up to date? Not spend a lot of money if the map involved will not be used for a TT event? (Mawson Lakes on February 29th) Not always expect up-to-date maps? In minor events it is a good training exercise to make allowances. We should be forced back to contours which don't change or perhaps the course-setter and controller can make sure the actual control site is OK even if the map is wrong elsewhere.

There are just so many expenses which TT can undertake. Let's just hope our grant application for building the TT shed is successful!

Something not in the programme. The Adelaide Cup Weekend (March 9-11). If you're not planning to go to the Easter event in Queensland, (or even if you are,) how about joining a busload of families going by bus to Ballarat? The Victorians are running 3 bush events to which we can go. Especially relevant to those planning to do the SST events and get into the Schools team. Details later but do tell John L if you are considering it.

Tintookies in the news.

Firstly, **CONGRATULATIONS** to Alison and Tony R who have just become grandparents. Henry was born to Kate and Stuart in Adelaide. He will soon go home to Alice Springs. Zoe is working for a year in Darwin while Alison and Tony go overseas once more. No Radfords in a relay team, it sounds like.

CONGRATULATIONS too to Tom D who is getting married next month—to another orienteer.

COMMISERATIONS to Phil H who came unstuck cycling down Corkscrew Road, to Kay who had a haematoma while cycling rather than looking after a previous injury and to Peter Y who has the wrong shaped

leg. His oedema means he has to wear an elasticated stocking but it won't stay up! Even suspender belts have been tried...haven't thought about them for nearly 70 years!

TO WHOM THIS APPLIES, subscriptions should be renewed by March 31st.